

# CONFIDENTIAL HEALTH HISTORY

Please fill out the following information to the best of your knowledge to help us understand your condition fully and determine if we can help you. All information provided is considered confidential and will only be released by written consent of patient or guardian of patient. Thank you for entrusting us with your care.

NAME \_\_\_\_\_ MALE/FEMALE DATE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
AGE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ SOCIAL SECURITY # \_\_\_\_\_ MARTIAL STATUS: S/M/D/W  
#CHILDREN \_\_\_\_\_ HOME/CELL# \_\_\_\_\_ EMAIL \_\_\_\_\_  
EMPLOYER \_\_\_\_\_ OCCUPATION \_\_\_\_\_ WORK # \_\_\_\_\_  
SPOUSE/GUARDIAN \_\_\_\_\_ CELL/WORK # \_\_\_\_\_  
EMERGENCY CONTACT \_\_\_\_\_ CELL/WORK # \_\_\_\_\_  
HOW DID YOU HEAR ABOUT OUR OFFICE? \_\_\_\_\_

## METHOD OF PAYMENT

(circle which applies) BCBS Cigna United Medicare Auto Accident Cash Other \_\_\_\_\_  
POLICY HOLDER \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

## GENERAL HEALTH HISTORY

HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_ PRIMARY CARE PHYSICIAN \_\_\_\_\_

## HAVE YOU BEEN DIAGNOSED WITH OR SUFFER FROM ANY OF THE FOLLOWING? ("x" what applies)

<input type="checkbox"/> HIGH BLOOD PRESSURE	<input type="checkbox"/> ANEMIA	<input type="checkbox"/> OSTEOPOROSIS	<input type="checkbox"/> SCIATICA
<input type="checkbox"/> LOW BLOOD PRESSURE	<input type="checkbox"/> ASTHMA	<input type="checkbox"/> OSTEOPENIA	<input type="checkbox"/> NECK PAIN
<input type="checkbox"/> HEART TROUBLE	<input type="checkbox"/> HIV/AIDS	<input type="checkbox"/> MUSCLE PAIN	<input type="checkbox"/> HEADACHES
<input type="checkbox"/> DIABETES	<input type="checkbox"/> HIGH CHOLESTEROL	<input type="checkbox"/> JOINT PAIN	<input type="checkbox"/> LOW BACK PAIN
<input type="checkbox"/> PACEMAKER	<input type="checkbox"/> FIBROMYALGIA	<input type="checkbox"/> NERVE PAIN	<input type="checkbox"/> OTHER _____
<input type="checkbox"/> TIA/STROKE	<input type="checkbox"/> NEUROPATHY	<input type="checkbox"/> PREGNANCY (due date) _____	

DO YOU SMOKE OR USE TOBACCO(packs/day)? \_\_\_\_\_ DO YOU EXERCISES(days/week)? \_\_\_\_\_

ACCIDENTS/INJURIES \_\_\_\_\_

SURGERIES/OPERATIONS \_\_\_\_\_

CURRENT MEDICATIONS \_\_\_\_\_

RESENT IMAGING (Xray, MRI, CT scan) within last year. Please provide date and body area:  
\_\_\_\_\_